



# Low Vision and Blind Resources

## **Oregon Commission for the Blind - Independent Living Services**

- [www.oregon.gov/blind/individual-programs/Pages/independent-living.aspx](http://www.oregon.gov/blind/individual-programs/Pages/independent-living.aspx)
- Portland Office: 971-673-1588

## **Two Programs for Non-Job Seeking Adults\***

(\*If job seeking, contact OCB Vocational Rehab program)

1. Oregon residents OVER 55 who have low vision or are blind
2. Adult Oregon residents UNDER 55 and legally blind

## **How to receive services:**

- Fill out a Service Request Form
- [www.oregon.gov/blind/individual-programs/Pages/request-services.aspx](http://www.oregon.gov/blind/individual-programs/Pages/request-services.aspx)

## **Medical Resources**

### **Casey Eye Vision Rehab Dept. OHSU Low-Vision Clinic**

- Kathryn Marxen-Simonson, MSOT, OTR/L, CLVT
- <https://www.ohsu.edu/casey-eye-institute/vision-rehabilitation>
- 503-494-3098

### **Legacy Devers Eye Institute Vision Rehabilitation**

- Legacy Good Samaritan Medical Center campus
- 1040 N.W. 22nd Ave. Suite 168 Building 2, Portland 97210
- 503-413-7022
- [www.legacyhealth.org/Services-and-Resources/services/adult/eye-care/services-and-treatments/vision-rehabilitation](http://www.legacyhealth.org/Services-and-Resources/services/adult/eye-care/services-and-treatments/vision-rehabilitation)

### **NW EyeCare Professionals**

- [doctorbruce.net](http://doctorbruce.net) | 503-657-0321

## AT Resources

### **Access Technologies Inc.**

<https://accesstechnologiesinc.org> | (503) 361-1201 | Salem, OR  
Offers AT assessments, trainings, a device lending closet, and more.

### **Community Vision AT Lab**

[cv-atlab.org](http://cv-atlab.org) | 503-292-4964, Ext. 152 | Portland, OR  
AT lending closet, Open hours, Consultations, and more!

## Skills Training

### **BlindMast - Nik Petersson**

- [blindmast.com](http://blindmast.com) | 971-217-0516

### **The Blind Kitchen: Debra Erickson**

- Explore adaptive tools and strategies to cook safely, and independently.
- <https://theblindkitchen.com> | [info@theblindkitchen.com](mailto:info@theblindkitchen.com)

### **Community for Positive Aging (formerly the Hollywood Senior Center)**

- One-on-one tech help for electronic devices and group workshops for paying bills online, using email, avoiding scams, and more.
- <https://www.communityfpa.org> | 503-288-8303 | [staff@communityfpa.org](mailto:staff@communityfpa.org)

### **Hadley Helps**

- Helps older adults discover new ways to do things while adjusting to vision loss and connecting with a network of peers.
- <https://hadleyhelps.org>

## Aids & Devices

### **Independent Living Aids** - Talking watches, magnifiers, and other low vision aids.

[independentliving.com](http://independentliving.com) | 800-537-2118

### **Lighthouse Guild** - Daily living aids such as talking thermometers, large button remotes, games, clocks, etc.

[lighthouseguild.org](http://lighthouseguild.org) | 800-284-4422

### **LS&S Group** - Talking health aids such as weighing scales, blood pressure meters, electronic daily aids.

[lssproducts.com](http://lssproducts.com) | 800-468-4789

### **MaxiAids** - Computer, household, medical, and mobility items for sale.

[maxiaids.com](http://maxiaids.com) | 800-522-6294



[cv-atlab.org](http://cv-atlab.org)

[ATLab@CVision.org](mailto:ATLab@CVision.org)

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