



# Starting a Tech Solutions Conversation

There are **five steps** to starting a conversation about Tech Solutions. Ask the questions below to the person you are supporting. If verbal communication is hard, get help from family, friends, and professionals. Learn more about **Communication Supports** in Part 3 of the Toolkit!

At the end of the five steps, there is a place to make notes about your own thoughts. You may have some different ideas than the person you support and that is ok!

**Supported Person:** \_\_\_\_\_

**Interviewer:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## 1. Get to Know the Person

What are your interests and hobbies? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What and who is important to you? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What does a typical day look like for you? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## 2. Possibilities for More Independence

Is there anything that you would like to be more independent in?

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Think about the things you do each day: getting dressed, eating, house work, having fun, talking with friends, etc. Is there anything you wish you could do by yourself (or need less help with?) \_\_\_\_\_

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Will you show me around your house?

**For Interviewer:** *Make notes on how they use and find things, get things done, pick up or reach for things, move around their house, and how much assistance is needed for daily activities.*

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### 3. Tools & Technology

Do you use any assistive technology, adaptive devices, or items that help you each day? (Look through the Tools & Technology Example List for ideas.)

**If yes:**

▶ Which of these work well for you? \_\_\_\_\_

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▶ Which of these do not work well? \_\_\_\_\_

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▶ Does anyone help you use these? \_\_\_\_\_

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▶ What do you do if they break or stop working? \_\_\_\_\_

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**Make Notes about Tools & Tech used in the past:**

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## 4. Simple Solutions

### Strategies:

Are there ways that you do things that help you be more independent? Are there strategies you or your support person use? See Example Strategy List on page 8 for ideas.

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### Environment:

Is there anything you would change about the way your environment is set up? Your environment can be your room, house, yard, workplace, school, etc. See Example Environment List on page 9 for ideas.

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## 5. Next Steps

- ▶ Get permission from the person to **share their answers** with the team.
- ▶ A key person from the team will **start a Tech Plan**.
- ▶ A case manager can help with funding items.

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### INTERVIEWER NOTES:

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